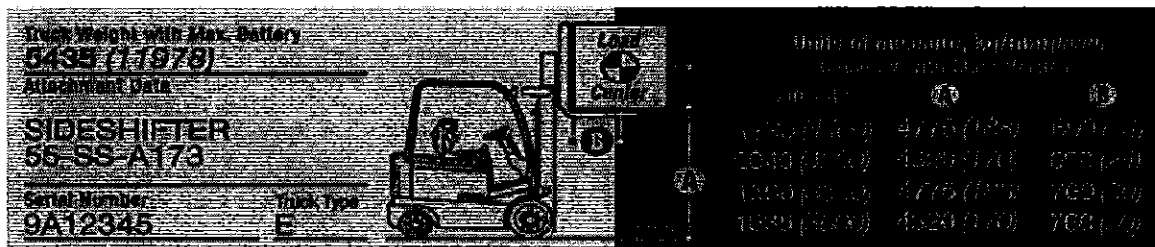


Name: Anteron Norman

Date: 7/15/2025

1. The truck using this capacity plate has what capacity at a load height of 188 inches or 4775 millimeters and a load center of 30 inches or 760 millimeters? (see image below)

- 1995 kg or 4400 lbs
- 2040 kg or 4500 lbs
- 1590 kg or 3500 lbs
- 1635 kg or 3600 lbs



2. Which of the following effects truck stability?

- Slopes and Ramps
- Elevated mast and loads
- Mast tilt
- Length of load being carried
- Weight of load
- Accelerating, braking and turning
- All the above

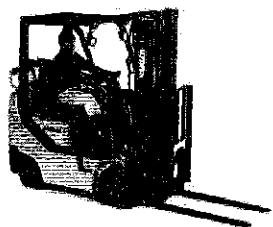
3. Tilting the load forward when the mast and load are elevated in an open aisle:

- Makes the truck easier to steer
- Can help you to see better
- Can lead to a forward tip over
- Is against OSHA law
- C and D

4. The length of a load being lifted has no effect on the stability of the lift truck.

- True
- False

5. In the event of a tip-over or off-dock fall on center controlled sit-down trucks like the ones covered in this program, you should:



- Have already fastened your seat belt
- Grab the steering wheel with both hands
- Brace your feet firmly on the floor board
- Lean away from the direction of the tip-over
- All the above

Name: _____

Date: _____

17. Which of these items can fail and the truck still be used if maintenance is notified.

- Horn
- Flashing lights or alarms (if on the truck)
- Sideshift
- Brakes (as long as plugging still works)
- All of the above
- None of the above

18. Always allow _____ truck lengths between vehicles when traveling.

- 4
- 3
- 2

19. Extra riders are ok for short distances.

- True
- False

20. A body part caught against an object outside the truck can not be seriously injured at 1 mph.

- True
- False

Name: _____

Date: _____

10. When traveling around the dock area you should:

- Stay well away from the dock boards
- Watch for forklifts backing out of trailers
- Park your truck on dockboards
- Drive close to the dockboards to stay out of traffic lanes
- A and B

11. When backing out of a trailer,

- Exit the trailer slowly
- Beep your horn
- Watch for other lift trucks
- Watch for pedestrians
- All of the above

12. The weight and size of a battery is little or no concern to the safe operation of the lift truck.

- True
- False

13. Weight, sulphuric acid, electrical discharge, hydrogen are all common hazards of an industrial lead acid battery.

- True
- False

14. Since all chargers are alike, any battery can be hooked up to any charger.

- True
- False

15. If you smell gas after installing a propane tank, you should:

- Immediately shut the tank valve off
- Start the engine to control the leak
- Never start the engine
- Advise your supervisor and tag the truck out of service
- A,C,D

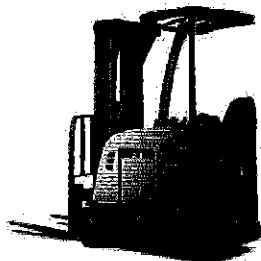
16. You should perform a pre-shift inspection:

- At the start of each shift on the truck you are assigned to
- At any time before you start operating a different truck
- Once a week
- On your assigned truck only. You don't need to inspect other trucks you operate during a shift
- A and B

Name: _____

Date: _____

6. In the event of a tip-over or off-dock on stand-up end controlled trucks like the one shown here, you should get off and away from the truck.



- True
- False

7. When operating around pedestrians,

- Never drive up to or anywhere near a pedestrian especially if they are in front of a fixed object.
- Never allow the pedestrian under or near a raised load.
- Know that pedestrians have the right of way
- Make sure the pedestrian is clear of your truck, including the rear of your truck due to your trucks wide rear end swing in a turn.
- Communicate with the pedestrian so you both know each others intentions.
- All the above

8. Two identical trucks are traveling in the same area. One truck is traveling at 8mph, the other at 4 mph. The truck traveling at 4 mph will be capable of braking in roughly:

- $\frac{1}{4}$ the distance of the 8 mph truck
- $\frac{1}{2}$ the distance of the 8 mph truck
- $\frac{3}{4}$ the distance of the 8 mph truck
- It will take both trucks the same distance to stop

9. Before loading or unloading a trailer you should make sure that the:

- Trailer is properly positioned at dock
- Dock board lip is securely in position in trailer
- Dock lock is engaged and green light is on
- Trailer wheels are chocked
- Trailer floor is in good condition
- All the above



SHIP8

Lift Truck Operator Training Notice of Completion

Name: Anteron Norman Trained By: Jimmy Farmer
 Date: 7/15/2025 Truck Models: See Additional Comments

Instructor and/or Employer: Initial each item below as the operator successfully completes them. Refer to the Hands-on Training Guide and Trainers Manual for more information.

<input checked="" type="checkbox"/>	Classroom (Video, testing, discussion)	<input checked="" type="checkbox"/>	Pre-Use Inspection
<input checked="" type="checkbox"/>	Operator Manual	<input checked="" type="checkbox"/>	Charging / Refueling
<input checked="" type="checkbox"/>	Warning Labels	Additional Comments: Truck Models: FL: Toyota, Yale, Hyster CL: Crown, Komatsu OP: Crown, Toyota Hyster RT: Crown, Hyster EPJ: Crown TSP: Crown MEWP: Geni	
<input checked="" type="checkbox"/>	Capacity and Data Plates		
<input checked="" type="checkbox"/>	Simulated Operation and Practice		
<input checked="" type="checkbox"/>	Stability Factors		
<input checked="" type="checkbox"/>	Tip over or off dock instructions		
<input checked="" type="checkbox"/>	Initial Powered Operation		
<input checked="" type="checkbox"/>	Maneuvering Course		

After successful completion of final training, the employer will authorize the operator to drive lift trucks in their facility. The Occupational Safety and Health Administration, OSHA states in 1910.178 (l)(1)(i) that "The employer shall ensure that each powered industrial truck operator is competent to operate a powered industrial truck safely, as demonstrated by successful completion of training and evaluation specified in this paragraph (l)." which includes 1910.178(l)(2)(ii) "evaluation of the operator's performance in the workplace."

Employer Only	
<input type="checkbox"/>	Workplace Orientation
<input type="checkbox"/>	Final evaluation of operator's performance in the workplace
<input type="checkbox"/>	Operator Certification (by Employer)

PIT Trainer: Jimmy Farmer Employer Date: 7/15/2025

Fall Protection Training Certification

The following procedures and instructions were conducted during Fall Protection Training.

- Anticipated fall hazards excepted in my work area.
- Donning a full body harness.
- Inspecting a full body harness, lanyards and anchor points.
- Correct procedures for the handling, storage and sanitation of my personal fall protection harness.

Acknowledgement

Failure to follow these particular safety procedures will result in disciplinary action, up to including termination of employment with SHIP 8 INC, or my assigned temporary agency.

I have read and understand and agree to follow the Ship 8 INC, Fall Protection policy and procedures.

Name: Anteron Norman Date: 7/15/2025

Trainer Certification:

I have conducted training with the employee listed above. I have explained the related procedures, practices and policies. The trainee was given the opportunity to ask questions and practice procedures taught under my supervision. Based on the trainee performance I have determined the trainee has adequate knowledge and skill to safely perform these procedures.

Name: Jimmy Farmer Date: 7/15/2025

Powered Industrial Truck Accident/Incident Policy

Any Powered Industrial Truck Operator involved in an accident/incident may be subject to corrective action up to and including termination at SHIP 8 INC.,.

Any unreported incident/accidents are grounds for immediate termination.

- An accident is defined as an unintentional act that results in personal injury as well as property damage.
- An incident is defined as an unintentional act that results in property damage without personal injury.

Acknowledgement

Failure to follow these particular safety procedures will result in disciplinary action, up to including termination of employment with SHIP 8 INC, or my assigned temporary agency.

I have read and understand and agree to follow the OSHA rules for operating Powered Industrial Trucks.

Name: Anteron Norman Date: 7/15/2025

Powered Industrial Truck Rules

- Only operate equipment that I have been trained and certified to operate.
- I will thoroughly complete a pre-trip inspection before operating equipment.
- I will thoroughly complete a pre-use inspection of my personal fall protection harness.
- If visibility is impaired, I will travel in reverse and sound the horn.
- I will not leave the platform of an Order Picker to access the racking.
- I will not pass an Order Picker in the aisles that are elevated while picking.
- I will stop at all stop signs, look both ways and sound my horn.
- I will not leave my equipment unattended, load engaging means shall be fully lowered, controls shall be neutralized, power shall be shut off and brakes set.
- I will not horseplay while operating equipment.
- I will drive at a safe speed at all times.
- I will not enter unauthorized areas.

Acknowledgement

Failure to follow these particular safety procedures will result in disciplinary action, up to including termination of employment with SHIP 8 INC, or my assigned temporary agency.

I have read and understand and agree to follow the OSHA rules for operating Powered Industrial Trucks.

Name: Anteron Norman Date: 7/15/2025